



MASSAGE THERAPY

HOW TO REACH US:

ADMISSIONS:
740.568.1900

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CAREER OPPORTUNITIES:

- Massage Clinics
- Spas
- Day Spas
- Physical Therapy/Rehabilitation Centers
- Doctors'/Chiropractors' offices
- Hospital/Hospice setting
- Cruise ships/Vacation resorts
- Private Practice
- Spas
- Day Spas

IT'S A FACT:

Nearly 70% of Washington State College of Ohio students receive financial aid.

THE PROGRAM:

Massage Therapists are growing in number and in demand, as people are seeking good health, alternative and complimentary ways to prevent diseases and disorders of the human body. The practice of massage has been documented as early as 3000 B.C. and is returning in popularity. Touch is very healing especially when practiced by a trained and caring therapist. Touch is also healing to the provider as well as the patient/client who is receiving the massage. A good massage therapist will apply skills using a variety of massage techniques and knowledge based on human anatomy, physiology, and the pathology of human disease.

Massage Therapists can provide relief from all types of pain, including headaches, muscular-skeletal pain, arthritis, fibromyalgia, and injuries from sports or car accidents. They also can reduce a person's stress level, which will help a person improve in many aspects of their life, from home to work. Stress contribute to a multitude of diseases including high blood pressure, heart disease, higher blood sugar levels, and anxiety, just to name a few. Massage compliments many other forms of health care, including chiropractic physical therapy, and modern medicine in all settings from cancer centers, to outpatient surgeries. The Massage Therapy program is offered as a 1-year full-time day program. A grade of "C" or above is required in all courses. Graduates of the program receive a certificate of completion, and are eligible to sit for the Mblex test. To become a Licensed Massage Therapist in Ohio you must pass the Mblex and apply with the State Medical Board, which you will need to legally practice massage therapy in this state.

The massage therapy program is in good standing with the Ohio Medical Board.

If you wish to obtain an associate's degree, you can easily add the Health and Wellness Curriculum, which would extend the length of the program to approximately two years.

CAREER SKILLS:

Massage Therapists manipulate soft tissues of the body, to treat disease and disorders of the human body. Massage also helps to decrease stress and promote relaxation, relieve pain, and increase overall wellness. You may work on the very healthy, active and physically fit athletes to average people of all age ranges including newborns, children, working adults, pregnant women, geriatrics, the unhealthy, and the terminally ill. You must be comfortable with touch. To provide touch you must also be comfortable with receiving touch. Touch is very healing and is an art form of which no two massage therapists are identical, no two patients will require the same form of massage treatment, nor will the same person require the same treatment from one treatment session to the next. So as a massage therapist you must be flexible, knowledgeable, caring, have compassion for other human beings, and a passion for medical based knowledge & skills. Because you are working on clients, at a somewhat intimate level, where they may feel vulnerable, you must treat them respectfully and provide privacy and confidentiality.

ADMISSION TO THE PROGRAM:

Admission to the massage therapy program is limited and is made on a first-come, first serve basis.

ENTRANCE REQUIREMENTS:

1. Complete application for admission to Washington State College of Ohio
2. Complete application form for the Massage Therapy program
3. Submit an official high school transcript or GED certificate, and official transcripts from any college(s) attended
4. Submit three (3) non-family references
5. Submit an essay about why you want to become a Massage Therapist
6. Personal interview with the Massage Therapy program coordinator (prior to acceptance into the MT program)
7. Physical Examination

"For more information about our graduation rates, the median debt of students who completed the program, and other important information, please visit our website at www.wsc.edu/programs-and-certificates/health-sciences/massage-therapy.html"

For Gainful Employment Information visit:

www.wsc.edu/images/gainfulemployment/Accounting/Gedt.html

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| MASSAGE THERAPY CERTIFICATE* STUDENT: _____ PHONE #: _____ | To be eligible for graduation, a student must complete all courses listed below with a passing grade of "C" or better and maintain a cumulative GPA of at least 2.0. <i>Revised. 2.23.2024</i> |
| | SUBJECT TO CHANGE WITHOUT NOTICE |

| COURSE | CREDIT HOURS | SEMESTER TAKEN | GRADE |
|---|--------------|----------------|-------|
| GENERAL EDUCATION COURSES (11 Credits) | | | |
| BIOL 1350 Anatomy & Physiology for Massage Therapists | 4 | _____ | _____ |
| BIOL 2450 Pathophysiology | 3 | _____ | _____ |
| <u>Or/</u> | | | |
| HLTH 1420 Intro to Human Disease | 3 | _____ | _____ |
| HLTH 1800 Medical Terminology | 3 | _____ | _____ |
| TECHNICAL COURSES (23 Credits) | | | |
| MAST 1370 Functional Anatomy & Kinesiology | 3 | _____ | _____ |
| MAST 137L Functional Anatomy & Kinesiology Lab | 1 | _____ | _____ |
| MAST 1510 Massage Technique I | 3 | _____ | _____ |
| MAST 1516 Business for Massage Therapists | 2 | _____ | _____ |
| MAST 1520 Massage Technique II | 3 | _____ | _____ |
| MAST 2480 Orthopedic Assessment & Documentation | 4 | _____ | _____ |
| MAST 2550 Massage Therapy Directed Practice | 2 | _____ | _____ |
| MAST 2840 Massage Therapy Capstone | 4 | _____ | _____ |
| MAST 2850 Building an Ethical MT Practice | 2 | _____ | _____ |
| 34 | | | |

A grade of "C" or above is required in all courses. All substitutions must be approved on the course substitution sheet.

MESSAGE THERAPY CERTIFICATE

(One year, day course)

SEMESTER 1 FALL 2024

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|--------------------------------------|--|---------|
| BIOL 1350 | Anatomy & Physiology for Massage Therapists | (4) 4-0 |
| <u>16 Weeks</u> | | |
| HLTH 1800 | Medical Terminology | (3) 3-0 |
| MAST 1510 | Massage Techniques I | (3) 2-3 |
| MAST 1516 | Business for Massage Therapists | (2) 2-0 |
| <u>2nd 8 Weeks</u> | | |
| MAST 1520 | Massage Techniques II | (3) 2-3 |
| MAST 2850 | Building an Ethical Massage Therapy Practice | (2) 2-0 |

SEMESTER 2 SPRING 2025

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|--------------------------------------|---------------------------------------|---------|
| BIOL 2450 | Pathophysiology | (3) 3-0 |
| <u>16 Weeks</u> | | |
| HLTH 1420 | Intro to Human Disease | (3) 3-0 |
| Or | | |
| MAST 1370 | Functional Anatomy & Kinesiology | (3) 3-0 |
| MAST 137L | Functional Anatomy & Kinesiology Lab | (1) 0-3 |
| <u>1st 8 Weeks</u> | | |
| MAST 2480 | Orthopedic Assessment & Documentation | (4) 3-2 |
| <u>2nd 8 Weeks</u> | | |
| MAST 2550 | Massage Therapy Directed Practice | (2) 1-5 |
| MAST 2840 | Massage Therapy Capstone | (4) 4-0 |
